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I/we agree to video/phone therapy. The risks, including less access to facial expression and body language, possibly less emotional connection, technical issues, and less knowledge of local referrals, have been reviewed.

Before the session begins, put any additional smart phones or smart watches in airplane mode or power it down completely, so it will not be listening. If you have an Amazon Echo/Dot ("Alexa"), Google Home, or other voice-activated "smart device," mute your devices before holding telehealth sessions.

It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session. Please close doors and ask other people with whom you live to give you complete privacy. Please silence your alerts.

It is important to use a secure internet connection rather than public/free Wi-Fi.

A back-up phone number where you can be reached to restart the session or to reschedule it, in the event of technical problems is:

\_\_\_\_\_

I agree not to record the session.

If you have any concerns or prefer not to do video sessions, please let me know.

I may determine that due to certain circumstances, telepsychology is no longer appropriate and that we should resume our sessions in-person.

Name \_\_\_\_\_

Date \_\_\_\_\_

